



Association Territoriale des  
ÉtudiaNts Aquitains

# GUIDE DES AIDES SOCIALES

***SOCIAL AID GUIDE***  
***2022 EDITION***

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# 1. EDITORIAL

“ In more than two years of existence, the Federation could only see the difficulties faced by students from Nouvelle-Aquitaine. Whether financial, social or medical, these hardships have punctuated the daily lives of many students for several years now. It is following this observation that the Federation took the decision, from its creation, to engage in this fight for the improvement of the living and studying conditions of each and everyone. We offer aid in order to improve the comfort of life and with the final objective of the emancipation of students.

This Social Aid Guide, published for the second year in a row, is the expression of this social dynamic within the Federation. It supports the work done within the Advocacy Desk to inform, raise awareness and support students in the area. Co-constructed with actors of the territory, the Guide is intended as a daily tool for young people.

**This document includes a listing of aids that can be granted in the territory of Nouvelle-Aquitaine, as well as the conditions for obtaining these and the steps to take to gain access to it.**

The recent crises have shown the extent to which young people are suffering, in silence and indifference. The action of the Federation aims to highlight these difficulties and to put the student back at the heart of our society. A real asset for the future, young people can only succeed through fulfillment and success. It is then necessary to provide the tools for this.

ATENA will always participate in the empowerment of students, in particular through information on the aid available to them so that they can build a solid future. Our collective future depends on the success of youth.

Hugo Lopes, Vice-President in charge of Rights Defense

## 2. INTRODUCING ATENA

ATENA - Association Territoriale des EtudiaNts Aquitains - is a federation of student associations created on May 1, 2020 around a common desire to act as closely as possible to students it defends. ATENA is the carrier of multiple projects allowing the representation and support of students in the territory, such as the Aliénor counter (Comptoir d'Aliénor), a social and solidarity grocery store, as well as the development of a counter for the Advocacy Desk, but also through the presence of its elected students on university governance boards.

This structure, made up of 35 local student associations, has a territorial and regional scope. This grouping offers visibility and an interface conducive to the development of large-scale projects.

Its main goals are to contribute to the animation of campuses, to the defense of the rights and interests of students and more generally of young people, independently of any political party, as well as support for their projects and those of their associations. In this way, ATENA promotes, represents and defends the material and moral rights and interests of students, both collective and individual.

Students and young people are therefore essential players in the functioning of the federation, because each project, each action, each position is built with all of ATENA's stakeholders. This is how we defend positions that reflect the ideas and needs of the students we represent, so that every young person in the territory can make their voice heard.



# 3. HOUSING

## Housing assistance:

**What:** Financial assistance delivered by the Caf to tenants according to their social situation.

**For whom:** Any tenant with decent accommodation as their main residence, must be a French citizen or a citizen of the European Economic Area (EEA) or Switzerland with a residence permit.

**How:** The simulation of the amount and the request for aid is done directly on the Caf website.

**More information:** <https://www.caf.fr/>

## Crous Housing:

**What:** Housing at reduced rents provided by the Crous for students who encounter difficulties in finding accommodation.

**For whom:** Any student can apply via their Student Social File (Dossier Social Etudiant or DSE) with the exception of students in health and social pathways who must go through the complementary phase.

**How:** The Crous concerned allocates accommodation according to the social criteria of the student, in particular his financial resources, his geographical distance or his family situation, and according to the remaining available accommodation.

**More information:** <https://www.messervices.etudiant.gouv.fr/envole/>

## The VISALE guarantee:

**What:** The VISALE guarantee acts as a guarantor or surety free of charge for the signing of the lease, it allows the payment of rents, charges rental and damage in the event of difficulties throughout the duration of the lease. The sums paid must then be returned according to the personal situation of each. This allows in particular to strengthen a file to find accommodation.

**For whom:** Anyone between 18 and 30, people over 30 with a stable professional situation, people benefiting from the mobility lease, people housed by a rental intermediation organisation.

**How:** All you have to do is create an online file by filling in your marital status, professional or student status and resources. The case will then be quickly processed. Students do not have to provide proof of resources.

**More information:** <https://www.visale.fr/>

## **CRIJ Nouvelle-Aquitaine**

**What:** The CRIJ Nouvelle-Aquitaine is present throughout the regional territory to provide advice and support to young people who wish it. Many material and documentary resources are present there.

**For whom:** Every young person.

**How:** It is possible to go to the CRIJ during opening hours or to request an appointment for a private interview.

**More information:** <https://www.crijna.fr/>

## **The LOCA-PASS advance**

**What:** A zero-rate loan to finance the payment of the security deposit required when renting accommodation.

**For whom:** Private sector employees, people in vocational training, job seekers, student employees who have either: a CDD of at least three months, one or more CDDs of a cumulative duration of three months during the last six months, an internship agreement of at least 3 months, scholarship status.

**How:** All you have to do is create your file online by attaching the supporting documents, the request will then be processed to check eligibility.

**More information:** <https://www.actionlogement.fr/l-avance-loca-pass>

## **SOLIHA rent advance**

**What:** A first rent advance to offset the costs inherent in moving into a new home.

**For whom:** People between 18 and 30 years old in training and tenants of the private park.

**How:** The request must be made online within two months after signing the lease, the aid is between €100 and €400 and is repayable in monthly instalments over a maximum of 24 months.

**More information:** <https://avanceloyer.solihanouvelleaquitaine.fr/>

## **The Housing Solidarity Fund (Fond de Solidarité Logement - FSL)**

**What:** This is a structure present in each department to assist people in need in terms of housing. The aids can vary according to the needs of each one.

**For whom:** Anyone who requests it, aid is delivered on the basis of social criteria.

**Comment:** The requests are specific to each department for each FSL concerned. The Communal Centres for Social Action (CCAS) or the social worker will be able to assist you for departments that do not have online services.

**More information:** In Gironde: <https://www.fsl33.org/>, In Lot-et-Garonne: <https://www.lotetgaronne.fr/nos-services/solidarite/insertion-emploi/fonds-de-solidarite-pour-le-logement>, In the Pyrénées-Atlantiques: <https://www.ledepartement66.fr/55187/>

## **Lokaviz**

**What:** Lokaviz lists accommodation offers dedicated to students, whether or not they are recipients of scholarships, into privately owned accommodations. The advertisements are checked, thus guaranteeing compliance with good practices in terms of rental relations.

**For whom:** All students.

**How:** The offers are available free of charge on the site and it is possible to contact the owner via [messervicesetudiants.fr](https://messervicesetudiants.fr).

**More information:** <https://www.lokaviz.fr/>

## **Bed & Crous**

**What:** The Crous makes vacant accommodation available to students for short stays, whether professional or personal. These accessible rentals are available in the main student cities in France, whether for a few days or a few weeks.

**For whom:** All students

**How:** It is possible to apply online directly, it is necessary to connect via [messervicesetudiants.fr](https://messervicesetudiants.fr).

**More information:** <https://www.bedandcrous.com/>

## **Operation "Un, deux, toit"**

**What:** The "Un, Deux, Toit" system brings together free furnished accommodation offers in Nouvelle-Aquitaine offered by individuals (furnished accommodation, homestays) and by public housing professionals for young people in training. In addition, it offers an optional support service run by COHABILIS and the URHAJ Nouvelle-Aquitaine, which ensure the linking of accommodation offers and requests, support for the contractualization of the stay and the definition of the rules of life and a intermediation for the duration of accommodation with the owner.

**For whom:** Anyone under the age of 30 in training can use the service to search for accommodation.

**How:** Housing search or request advertisements can be posted directly on the site.

**More information:** <https://www.operationundeuxtoit.fr/>

## **Coop coloc'**

**What:** Coop coloc' is a scheme on the initiative of ACLEF (the Association for Cooperation for Student Housing in France) which aims to relet furnished shared accommodation to students. This initiative makes it possible to obtain quality accommodation at a price below the market price. Meetings between tenants are organised during the year. The objective is both to create a framework of conviviality and solidarity within the community of "CoopColocataires" but also to meet their needs or their desire for commitment.

**For whom:** Any student wishing to stay in Bordeaux.

**How:** Applications are available directly online.

**More information:** <https://www.coopcoloc.fr/>

### **Mobili-Jeune and Agri-mobili-jeune**

**What:** This is a grant of up to €100 to cover part of the rent each month for one year.

**For whom:** Any student under the age of 30 in work-study training.

**Comment:** The conditions of access and the application file are available online.

**More information:** <https://www.actionlogement.fr/l-aide-mobili-jeune>

### **Ciliopée Jeune**

**What:** CILIOPEE Jeunes is an association created in 1975 which offers accommodation near university or teaching sites, and services in Lot-et-Garonne and Gironde. The association has 3 residences in Agen and Talence.

**For whom:** All students.

**How:** It is possible to contact the association via their website.

**More information:** <https://www.ciliopee-jeunes.fr/>

### **Foyer des Jeunes Travailleurs (Home for young workers) - Basque Country**

**What:** Open to young people aged 16 to 30 (students, employees, temporary workers, trainees, etc.), the Foyer des Jeunes Travailleurs f Basque Country manages 200 accommodation places (from studios to T5 shared accommodation) on the Basque coast, from Boucau to Hendaye .

**For whom:** Any young person between 16 and 30 years old.

**Comment:** The file is to be removed from the website.

**More information:** <https://fjtpaysbasque.com/>

### **Youth service - Anglet**

**What:** The Youth Service of the City offers a file of accommodation for students. Landlords offer their accommodation to the Youth Service which feeds a file. The proposed dwellings are all located in the town of Anglet. They are available from September to June of the following year and furnished. These can be homestays, T1, T2, T3, T4, T5 for single rental or shared accommodation.

**For whom:** All students.

**Comment:** The file can be consulted on request: [logement.etudiant@anglet.fr](mailto:logement.etudiant@anglet.fr)

**More information:** <https://www.anglet.fr/fiches-pratiques/detail-fiche/actualites/trouver-un-logement-lorsquon-est-student/Meshes>

## Maillages

**What:** This association develops intergenerational cohabitation in the Basque Country. An elderly person offers a room free of charge to a student in exchange for a presence, a supportive and friendly exchange of life.

**For whom:** Any young person under 30 years old.

**How:** The application file must be completed online

**More information:** <https://www.maillages.org/>

## Habitat jeunes - Brive

**What:** The youth housing service aims to welcome young people aged 16 to 30 in the process of social and professional integration, participates in rehousing actions, and provides social support to young people. Social workers accompany you in your requests for aid as soon as you enter.

**For whom:** Any young person between 16 and 30 years old.

**How:** Contact the youth housing service: 05 55 17 40 00 or apply online.

**More information:** <http://www.brive.fr/index.php/habitat-jeunes/#1487066361085-21b125c4-14a6>



# 4. FINANCIAL SUPPORT

## Scholarships based on social criteria

**What:** This scholarship is awarded by the Crous on the basis of social criteria of each student. It is paid monthly for 10 months and divided into steps.

**For whom:** Any student can request it via their Student Social File (Dossier Social Etudiant or DSE). This scholarship does not apply to students in health and social training.

**How:** The Crous concerned allocates the scholarships according to the social criteria of the student, in particular his financial resources, his geographical distance or his family situation.

**More information:** <https://www.messervices.etudiant.gouv.fr/envole/>

## Scholarships for health and social training students (BFSS)

**What:** This bursary is awarded by the Nouvelle-Aquitaine Region on the basis of the social criteria of each student. It is the equivalent of Crous grants based on social criteria for students in health and social training.

**For whom:** Any student in health and social training can apply online.

**How:** The award conditions are similar to the Crous scholarships, the scholarships are awarded according to the social criteria of the student, in particular his financial resources, his geographical distance or his family situation.

**More information:** <https://les-aides.nouvelle-aquitaine.fr/amenagement-du-territoire/bourses-etudes-sur-criteres-sociaux-etudiants-en-formationen-sociales-paramedicales-et-de-sante>

## FSDIE Social

**What:** Universities set up ad hoc assistance to help students who may encounter financial difficulties during their studies. This aid is allocated on a case-by-case basis according to the situation of each student.

**For whom:** Any student can apply to their University.

**How:** The constitution of the files can vary according to the Universities and commissions are organized in order to decide on the attribution or not of the aid.

**More information:** Bordeaux-Montaigne University: <https://etu.u-bordeaux-montaigne.fr/fr/infos-pratiques/sante-et-social/service-social.html>, University of Bordeaux: <https://www.u-bordeaux.fr/campus/vie-quotidienne/aides-sociales-financieres/aides-accordees-par-luniversite>, University of Pau and Pays de l'Adour: <https://formation.univ-pau.fr/fr/scolarite/aides-remboursements/aides-a-destination-des-etudiants/remboursement-droit-scolarite-et-aides.html>

## **Merit aid**

**What:** Aid of €900 paid in 9 monthly instalments is paid for students, beneficiaries of scholarships based on social criteria who had a "very good" mention in the baccalaureate.

**For whom:** Any scholarship student can benefit from it when entering higher education.

**Comment:** The Crous concerned automatically allocates the aid to eligible people without any additional steps.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F1010>

## **Loan guaranteed by the Government**

**What:** The loan guaranteed by the Government makes it possible to borrow money from partner banks without a relative having to stand surety.

**For whom:** Anyone between the ages of 18 and 28 of French nationality or of the European Economic Area (EEA) and enrolled in higher education.

**How:** The request is made directly at the bank with Banque Postale, Banque Populaire, BFCOI, Caisses d'Epargne, CIC, Crédit Agricole, Crédit Mutuel, Société Générale.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F986>

## **Master's mobility aid**

**What:** In the amount of €1,000, the master's mobility aid aims to facilitate geographical mobility for scholarship students when registering for a Masters program. This concerns students with a bachelor's degree who wish to change academic region.

**For whom:** Students who enter a Master's program the year after obtaining their Bachelor's degree and who are beneficiaries of scholarships based on social criteria or an annual allowance.

**Comment:** You must create a file via [messervicesetudiants.fr](https://messervicesetudiants.fr).

**More information:** <https://www.etudiant.gouv.fr/fr/aide-la-mobilite-en-master-1504>

## **Talent Scholarships**

**What:** This aid succeeds the allowance for diversity in the public service, it aims to help candidates prepare for public service competitions. It is accompanied by tutoring and preparation for these competitions. This aid is 4000€.

**For whom:** To benefit from it, you must be registered in a Prépa Talents class, the selection is made on social criteria.

**How:** The request is to be made to its educational referent, the aid is then paid in two instalments by the prefecture.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F17482#:~:text=L%27allocation%20pour%20la%20diversit%C3%A9%20dans%20la%20fonction%20publique.est%20remplac%C3%A9%20par%20le%20dispositif%20des%20bourses%20Talents>.

### **Cap'J crisis**

**What:** This is individual aid paid by the Gironde department to help young people in the department who are experiencing financial difficulties.

**For whom:** Young people between the ages of 18 and 29 enrolled in initial or continuing training or in training who have resided in the department for more than 3 months.

**How:** For students, you must make an appointment with the Crous social service in order to assess whether a Cap'J request can be made. For other young people not benefiting from the Crous, an online request is available.

**More information:** <https://www.gironde.fr/jeunesse/aides-aux-jeunes-de-moins-de-30-ans#capj-crise>

### **Youth Assistance Fund**

**What:** The Youth Assistance Fund young people is a national system aimed at supporting young people in a process of professional integration. It makes it possible to offer financial, social and medical assistance or even personalised support to young people in need.

**For whom:** Any young person between the ages of 18 and 25, French or foreign, in a regular situation, who is encountering individual or family difficulties and whose situation requires emergency assistance.

**How:** Aid can be delivered after contacting the nearest local Mission (Mission locale).

### **The Bordeaux Métropole youth card**

**What:** This free card allows young people from the Métropole to obtain reductions from various partners.

**For whom:** Anyone between 0 and 25 years old residing in one of the 21 eligible municipalities.

**How:** All you have to do is bring an identity document, proof of address and apply online.

**More information:** <https://cartejeune.bordeaux-metropole.fr/>

### **ASAP:**

**What:** The ASAP (Aide Spécifique Allocation Ponctuelle) is an emergency aid for anyone who temporarily encounters serious difficulties and allows them to provide a quick response. It can be combined with the scholarship based on social criteria, mobility aid or merit aid. It can be paid several times if necessary.

**For whom:** Any student who encounters difficulties can apply for the ASAP.

**How:** To compile a file, you must consult the social services of the Crous in order to assess your personal situation. The file will be studied in the commission provided for this purpose, the Inter'Assos elected students sit on it, do not hesitate to contact them.

**More information:** <https://www.crous-bordeaux.fr/bourses/autres-aides-financieres-crous/>

### **ASAA:**

**What:** ASAA (Aide Spécifique Allocation Anuelle) is an emergency aid for anyone who momentarily encounters serious difficulties and which makes it possible to provide a rapid response. It can be combined with the grant based on social criteria, mobility aid or merit aid. It is paid monthly. Unlike ASAP, students in health and social training cannot apply.

**For whom:** Any student who encounters difficulties can apply for the ASAA.

**How:** To compile a file, you must consult the social services of the Crous in order to assess your personal situation. The file will be studied in the commission provided for this purpose, the Inter'Assos elected students sit on it, do not hesitate to contact them.

**More information:** <https://www.crous-bordeaux.fr/bourses/autres-aides-financieres-crous/>

### **Education allowance for disabled children (AEEH)**

**What:** This is an aid intended for parents with a disabled child and which aims to compensate for expenses related to this disability. Its basic amount is €140.53 but can be topped up depending on the personal situation of the household. It can be combined with other allowances.

**For whom:** Parents with a child with a disability. The child must not be over 20 years old, nor be in boarding school covered by health insurance, he must have French nationality and must not have an income greater than 55% of the gross minimum wage.

**How:** The request can be made online.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F14809>

## **Disabled Adult Allowance (AAH)**

**What:** This is an allowance that provides a minimum of resources for people with disabilities.

**For whom:** Anyone over 20 years old, or 16 years old who is no longer dependent on their parents, whose disability rate is at least 80%. This rate can be between 50% and 79% if the disability substantially and durably restricts the person's access to employment. The amount is determined on social criteria.

**How:** To compile an application file for an allowance, you must contact the nearest Departmental House for Disabled Persons.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F12242>

## **The Handinamique scholarship**

**What:** This is financial aid paid by the 100% Handinamique federation which aims to support the training paths of young people with disabilities who do not always find the financing solutions to compensate for the needs related to their situation. It cannot exceed 3000€.

**For whom:** Young people with disabilities under the age of 35 and young people with disabilities who are entering training in a higher education establishment.

**Comment:** The file must be sent to the 100% Handinamique federation with all the supporting documents.

**More information:** <https://www.handinamique.org/bourses/>

## **Crous**

**What:** The Crous social service is at your disposal for any financial, personal or family problem. In particular, it can help you compile social assistance files.

**For whom:** Any student benefiting from Crous services.

**How:** It is possible to make an appointment directly on the Crous website.

**More information:** <https://www.crous-bordeaux.fr/social/prendre-rendez-vous/>

## **The departmental solidarity houses (Gironde)**

**What:** These houses are spread throughout the territory and offer various services on the access to rights, daily life, education and family relations, assistance in situations of precariousness or housing.

**For whom:** Everyone.

**How:** Just go to these houses during opening hours.

**More information:** <https://www.gironde.fr/acteurs-jeunesse/les-ressources/maisons-du-departement-des-solidarites>

## **Pass culture**

**What:** Accessible to young people between 15 and 18 years old, the pass culture obtain an allowance dedicated to cultural activities and goods. The amount of this aid varies according to age.

**For whom:** Young people between 15 and 18 years old.

**How:** The Culture Pass is available directly via the dedicated application.

**More information:** <https://pass.culture.fr/>

## **City scholarship- Agen**

**What:** For several years now, the city of Agen has been issuing a scholarship for students from the municipality. This aid is paid on the basis of social criteria.

**For whom:** Students with at least one parent living in Agen, enrolled in a higher education and research institution, receiving a Crous scholarship at level 4 and above and who have had a mention or a score greater than or equal to 12 in the year.

**Comment:** The application file is to be collected at the young point of Agen.

**More information:** <https://www.agglo-agen.net/vie-quotidienne/enfants-et-jeunesse/etudier-a-agen/vie-etudiante-321.html>

## **Youth card - Agen**

**What:** This card costs €6 and allows you to benefit from numerous advantages and reductions (catering, sport, leisure, culture, shopping, etc.) and above all free and unlimited access to the leisure area on the first floor and its panoramic terrace and to the activities offered by his team.

**For whom:** Young people between the ages of 12 and 25 residing or attending school in Agen.

**Comment:** The application file is to be submitted to the youth point of Agen.

**More information:** <https://www.agen.fr/en-ce-moment/actualites/la-carte-jeunes-12-25-ans-3328.html>

## **Departmental scholarship - Charente**

**What:** The department of Charente offers scholarships for students for international mobility and people who encounter financial difficulties.

**For whom:** For international mobility students who benefit from Crous scholarships and those who exceed the ceiling of level 0 bis by a maximum of €4,000. For financial difficulties: Any student.

**Comment:** The application file is available online.

**More information:** <https://www.lacharente.fr/vos-besoins/en-tant-que-jeune/obtention-une-aide-du-departement/>

### **High-level sports departmental aid - Charente**

**What:** The department of Charente offers aid to high-level athletes to support them financially in their career.

**For whom:** High-level athletes registered on ministerial lists or identified by their federation.

**How:** Contact the departmental sports discipline committee.

**More information:** <https://www.lacharente.fr/vos-besoins/en-tant-que-jeune/obtention-une-aide-du-departement/>

### **Youth scholarship - Brive-la-Gaillarde**

**What:** The purpose of this financial aid is to contribute to finalizing a training course during which the high school student or student will have to carry out, for example, an internship or a study trip outside his city of study or even abroad. 'foreign. This is to optimize their chances of finding a job. Its amount will be between 500 and 2000€ and can be paid for a period of two years.

**For whom:** Brive students between 16 and 25 years old who have a built project and who propose a budget for it showing the rest to be paid for.

**Comment:** The file is available online and should be sent to Brive town hall.

**More information:** <http://www.brive.fr/index.php/bourse-jeunes/#1485423519663-60766585-5281>

### **Honor loan - Landes**

**What:** The Landes department offers assistance based on social criteria for students. Have been living in the department for over a year. This aid is paid in the form of an interest-free loan of €1,000 or €2,050.

**For whom:** People under 30 years old studying in Landes for more than a year.

**Comment:** The file is to be sent to the Departmental Council.

**More information:** <https://www.landres.fr/pret-honneur>

# 5. MATERIAL SUPPORT

## **Emmaüs connect**

**What:** Emmaüs connect is an association that allows people in a precarious digital situation to access the online tools necessary for daily life. This involves digital support, the sale of digital products at reduced prices as well as advice.

**For whom:** Everyone.

**How:** It is possible to contact Emmaüs connect directly by phone or email, or to go to the meeting points.

**Plus d'informations:** <https://emmaus-connect.org/>

## **Computers Loan- University of Bordeaux**

**What:** The University of Bordeaux lends computers free of charge to students who request them within the limits of available stocks.

**For whom:** All students registered at the University of Bordeaux.

**How:** All you have to do is go to the reception of one of the university libraries and present your Aquipass card.

**More information:** <http://bibliotheques.u-bordeaux.fr/Infos-pratiques/Emprunter-un-pc-portable-a-la-BU>

## **Computer loan - University of Pau and Pays de l'Adour**

**What :** The University of Pau and Pays de l'Adour lends computers free of charge to students who request them within the limits of available stocks. In addition, a personalized support is possible.

**For whom:** All students enrolled at the University of Pau and Pays de l'Adour.

**More information:** <https://www.univ-pau.fr/fr/covid-19/soutien-et-aide-aux-etudiants.html>

## **Etu'Recup**

**What:** Etu'Recup is an association present on the campuses of Bordeaux, Talence, Gradignan and Pessac and which aims to reduce waste while fighting against precariousness. In particular, the association has a recycling center where it is possible to find second-hand supplies, whether furniture, clothing or household appliances, as well as its Maison du vélo where there is a bicycle workshop. maintenance accessible to all.

**For whom:** Everyone

**How:** The various sites are spread over the campuses of Pessac, Talence, Gradignan and Bordeaux and are accessible during opening hours. Etu'Recup also runs stands on an ad hoc basis in metropolitan France.

**More information:** <https://eturecup.org/>



# 6. TRANSPORT

## Solidarity pricing TBM

**What:** The Bordeaux Métropole transport network is setting up solidarity pricing on its subscriptions for the most precarious public. Defended by ATENA, this pricing is based on the family quotient of the household and can lead to a reduction of up to 100%

**For whom:** Everyone depending on the family quotient.

**How:** The family quotient is obtained via the Caf, the request must be made online.

**More information:** <https://tarificationsolidaire.bordeaux-metropole.fr/Accueil.aspx?ReturnUrl=%2f>

## Master mobility

**What:** In the amount of €1,000, the master mobility aid aims to facilitate the geographical mobility of scholarship students when they register for a Masters program. This concerns students with a bachelor's degree who wish to change academic region.

**For whom:** Students who enter a Master's program the year after obtaining their Bachelor's degree and who are beneficiaries of scholarships based on social criteria or an annual allowance.

**Comment:** You must create a file via [messervicesetudiants.fr](https://messervicesetudiants.fr).

**More information:** <https://www.etudiant.gouv.fr/fr/aide-la-mobilite-en-master-1504>

## SNCF youth card

**What:** The youth advantage card is valid from the age of 17 until the eve of the 28th anniversary. At a price of €49 per year, it allows a 30% reduction in ticket prices in France and Europe, capped fares on reservation trains and certain TER trains and a 15% reduction on services such as the Bar .

**For whom:** Anyone between 17 and 27 years old.

**How:** It is possible to order the card directly online or at the station.

**More information:** <https://www.sncf-connect.com/app/catalogue>

## TGV Max Jeune

**What:** The TGV Max Jeune card allows people between 16 and 27 years old unlimited travel by TGV throughout France.

**For whom:** Anyone between 16 and 27 years old.

**How:** It is possible to order the card directly online or at the station.

**More information:** <https://www.sncf-connect.com/app/catalogue>

## **TER Nouvelle-Aquitaine offers**

**What:** The Nouvelle-Aquitaine Region has put more mobility aids in place for young people between the ages of 18 and 28 to travel by TER throughout the territory. The youth ticket allows reduced rates for young people under 28 who wish to travel to Nouvelle-Aquitaine. Discounts of up to -50% apply without subscribing to a discount card or any formality. The TER Nouvelle-Aquitaine youth pass allows unlimited travel on a return trip of your choice. It is valid for 1 year.

**For whom:** Any young person between 18 and 28 years old.

**How:** The youth ticket applies automatically, the youth pass is available for purchase online.

**More information:** <https://jeunes.nouvelle-aquitaine.fr/vie-quotidienne/se-deplacer/ter-se-deplacer-prix-reduits>

## **"Departure 18:25" scheme**

**What:** Departure 18:25 is financial assistance granted to 18-25 year olds, subject to status or resources, covering half the cost of their vacation. Among a wide choice of stays, thus they can allow themselves a well-deserved rest, for destinations which resemble them. This aid is also available to scholarship recipients, apprentices or recipients of special aid.

**For whom:** Any young person between 18 and 25 years old on the basis of social criteria.

**How:** The request can be made online.

**More information:** <https://depart1825.com/>

## **Driving license assistance**

**What:** The Nouvelle-Aquitaine Region is setting up assistance to finance the driving license for young people in integration. This aid is paid on the basis of social criteria and its amount varies according to the applicant's financial situation.

**For whom:** Young people between 17 and 25 years old, graduates of a Bac pro, CAP, BEP, BP or other, as well as those following a professional integration followed by the local Mission (Mission locale).

**How:** The request can be made online and the file will then be processed.

**More information:** <https://les-aides.nouvelle-aquitaine.fr/amenagement-du-territoire/aide-au-passage-du-permis-de-conduire-b>

## The network of Metropolitan Centers for Alternative Mobility (MAMMAs)

**What:** These are houses spread over the entire territory of the Bordeaux metropolis which provide advice and information on alternative mobility. It is also possible for all residents of the metropolis to borrow a bicycle there for a period of 2 to 10 months. Loans for students are offered in particular.

**For whom:** Any inhabitant of the Bordeaux metropolis.

**How:** It is possible to get to the MAMMAs during opening hours

**More information:** <https://sedeplacer.bordeaux-metropole.fr/Velo/Les-acteurs-du-velo/Les-Maisons-des-Mobilites>



# 7. RIGHTS ASSISTANCE

## The Advocacy Desk

**What:** Set up by the ATENA Federation, the Advocacy Desk aims to support and inform students in their academic or administrative procedures as well as to help them in situations where their rights seem not to have been respected. The Desk intervenes by promoting informal dispute resolution methods as well as healthy communication between the various players.

**For whom:** All people enrolled in a higher education institution or wishing to join the latter.

**How:** It is possible to contact the Advocacy Desk by email: [vosdroits@fede-atena.fr](mailto:vosdroits@fede-atena.fr), or by telephone on 06 58 08 13 33.

**More information:** <https://fede-atena.fr/defense-des-droits/>

## The Handinamic scholarship

**What:** This is financial aid paid by the 100% Handinamic federation which aims to support the training paths of young people with disabilities who do not always find the solutions funding to compensate for the needs related to their situation. It cannot exceed 3000€.

**For whom:** Young people with disabilities under the age of 35 and young people with disabilities who are entering training in a higher education establishment.

**Comment:** The file must be sent to the 100% Handinamique federation with all the supporting documents.

**More information:** <https://www.handinamique.org/bourses/>

## Inter'Assos students elected officials

**What:** Inter'Assos students elected officials sit on various university and Crous councils in order to bring the voice of students to them. In addition, they participate in decision-making and in the defense of students' rights. They can therefore be very valuable aids in the defense of the rights of each and everyone.

**For whom:** All students

**How:** It is possible to contact Inter'Assos elected officials by email: [interassos@fede-atena.fr](mailto:interassos@fede-atena.fr), or on Instagram @interassos\_ac.bdx.

**More information:** <https://fede-atena.fr/representation/>

## **Study arrangements**

**What:** Studies are not always compatible with a disability or outdoor activities that require a lot of investment. This is why universities offer study facilities and support so that everyone can succeed in optimal conditions.

**For whom:** All students registered at the university, the conditions of access to study facilities may vary depending on the situation. These may be possible for students with disabilities, high-level athletes, artists or elected students.

**How:** It is necessary to contact the competent service according to the university, the nature of the arrangement will then be adapted according to the personal situation of the student.

**More information:** University of Bordeaux: <https://www.u-bordeaux.fr/formation/accompagnement-et-reussite-des-etudes/etudiants-besoins-specifiques>, Bordeaux Montaigne University: <https://etu.u-bordeaux-montaigne.fr/fr/etudes-et-scolarite/handicap/reussir-sa-scolarite-en-situation-de-handicap.html>, University of Pau and Pays de l'Adour: <https://formation.univ-pau.fr/fr/vie-etudiante/accueil-des-etudiants-en-situation-de-handicap.html>

## **CRIJ Nouvelle-Aquitaine**

**What:** The CRIJ Nouvelle-Aquitaine is present throughout the regional territory in order to deliver advice and support for young people who want it. Many material and documentary resources are present there.

**For whom:** Every young person.

**How:** It is possible to go to the CRIJ during opening hours or to request an appointment for a private interview.

**More information:** <https://www.crijna.fr/>



# 8. INTERNATIONAL

## Aid for international mobility

**What:** This is financial aid for students who wish to follow training abroad delivered under conditions of resources. It is €400 per month maximum and is paid at least in 2 monthly installments and at most in 9 monthly installments.

**For whom:** Students following training abroad who benefit from scholarships based on social criteria or specific aid.

**Comment:** The application file is to be collected from the international mobility service of its establishment.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F380>

## Mobility Passport

**What:** This aid allows students from overseas to obtain a plane ticket to metropolitan France or another overseas community, repaid between 50% and 100% in order to study there. This aid is paid on a means-tested basis.

**For whom:** Students under the age of 26 on October 1 of the academic year, from an overseas community, who have not suffered two successive exam failures and whose level of resources does not exceed €26,631.

**How:** The request must be made online.

**More information:** <https://ladom.fr/etudes/etudiants-du-passeport-mobilite-etudes/le-dispositif/>

## The Erasmus+ scholarship

**What:** The Erasmus+ scholarship is an aid that can be paid to mobile students internationally as part of the eponymous programme. This aid can be combined with aid for international mobility or the grant based on social criteria. It can be applied for study mobility as well as for internship mobility and its amount varies according to the country of destination, students from overseas communities have a grant of a minimum amount of €700. /month regardless of the country of destination.

**For whom:** Students wishing to go on international mobility.

**Comment:** The application file is to be collected from the international mobility service of its establishment.

**More information:** <https://www.etudiant.gouv.fr/fr/bourses-erasmus-et-aide-la-mobilite-internationale-ami-67>

## **Regional scholarship**

**What:** The Nouvelle-Aquitaine region is setting up scholarships in order to help students who have an international mobility project to finance it. This aid is paid on the basis of social criteria for mobility projects validated by the institution, its amount varies according to the duration of the mobility.

**For whom:** Any student wishing to go on international mobility.

**How:** After having had your project validated by the establishment, the scholarship application must be made online.

**More information:** <https://les-aides.nouvelle-aquitaine.fr/amenagement-du-territoire/sejours-detude-letranger-public-post-bac>

## **CRIJ Nouvelle-Aquitaine**

**What:** The CRIJ Nouvelle-Aquitaine is present at across the entire regional territory in order to provide advice and support to young people who want it. Many material and documentary resources are present there.

**For whom:** Every young person.

**How:** It is possible to go to the CRIJ during opening hours or to request an appointment for a private interview.

**More information:** <https://www.crijna.fr/>



# 9. SOCIAL ISOLATION

## **ATENA Federation**

**What:** The ATENA Federation offers a place of exchange and meeting that promotes dialogue and social cohesion in university life. The Federation makes it possible to support each student in their life at university. In particular, it has set up the Advocacy Desk aimed at supporting and informing students in their university or administrative procedures as well as helping them in situations where their rights seem not to have been respected.

**For whom:** Everyone

**How:** It is possible to contact the Advocacy Desk by email: [vosdroits@fede-atenaf.fr](mailto:vosdroits@fede-atenaf.fr), or by telephone on 06 58 08 13 33.

**More information:** <https://fede-atenaf.fr>

## **SOS Amitié**

**What:** SOS Amitié is a listening platform by telephone, messaging or chat intended for those who, at some point in their life, encounter a difficult period.

**For whom:** Everyone

**How:** It is possible to contact SOS Amitié by telephone on 09 72 39 40 50, chat and messaging are available on their website.

**More information:** <https://www.sos-amitie.com/>

## **Red Cross listening**

**What:** The Red Cross has set up a listening service in the continuity of its prevention and health promotion work. The service is available from 9 a.m. to 7 p.m. on weekdays and from 12 p.m. to 6 p.m. on Saturdays, whether to talk about yourself, a loved one or your friends

**For whom:** Everyone

**How:** By phone: 0800 858 858

**More information:** <https://www.croix-rouge.fr/Nos-actions/Action-sociale/Soutien-psychologique-et-isolation-social/Croix-Rouge-Ecoute-service-de-soutien-psychologique-par-telephone>

## **Suicide green number/Suicide listening**

**What:** This toll-free number is available 24 hours a day, 7 days a week for people in psychological distress who are dealing with dark thoughts, anxieties or morbid thoughts. It is also possible to get in touch if one of your relatives is in this situation.

**For whom:** Everyone.

**How:** By phone: 3414/01 45 39 40 00

**More information:** <https://solidarites-sante.gouv.fr/prevention-en-sante/sante-mentale/la-prevention-du-suicide/article/le-number-national-de-prevention-du-suicide>

### **Le Girofard**

**What:** Le Girofard is a place of welcome and listening for LGBTI+ people who in need. Located in Bordeaux, the center offers various services: listening, interview with psychologists, legal information, asylum request, sexual health and screening...

**For whom:** Everyone

**How:** Hotlines take place from Tuesday to Friday from 6 p.m. to 8 p.m. and appointments are possible.

**More information:** <https://www.le-girofard.org/>

### **Nightline**

**What:** Nightline is a free, confidential, anonymous and non-judgemental listening service for students. Trained volunteers are on hand to talk about their personal situation or that of loved ones from 9 p.m. to 2 a.m. without replacing health professionals.

**For whom:** All students.

**Comment:** Several telephone numbers exist depending on the city.

**More information:** <https://www.nightline.fr/services-decoute>

### **Le Refuge**

**What:** The REFUGE Foundation, recognized as being of public utility, aims to prevent the isolation and suicide of young LGBT+ people, aged 18 to 25, victims of homophobia or transphobia and in a situation of family breakdown. Reception solutions are available as well as a listening line.

**For whom:** Everyone.

**How:** It is possible to contact the Refuge by telephone on 06 31 59 69 50 or to go to the reception centers during opening hours.

**More information:** <https://le-refuge.org/>

### **Alizé - Agen**

**What:** The Alizé association is a space for listening, psychological support and intercultural mediation. It offers you individual interviews at €10 and various support groups, particularly for people in psychological distress, exile, migration, etc. These support groups are made up of around 5 people with psychologists and/or psychoanalysts. Discussion groups are €5. During individual consultations, it is possible to have an interpreter if you do not speak French.

**For whom:** Everyone.

**How:** It is possible to contact the association directly for an appointment or more information: 09 81 02 98 44.

**More information:** <http://www.alize47.fr/>

### **TheMaison des Adolescents - Agen**

**What:** The Maison des Adolescents is a place that welcomes teenagers from 11 to 25 years old whatever their questions or concerns. It is also aimed at their families and at professionals. The welcome is free and confidential, with or without an appointment.

**For whom:** Everyone.

**How:** It is possible to contact us directly for an appointment or more information.

**More information:** <https://www.maisondesados47.fr/>

### **The student house - Poitiers**

**What:** The Student House is a living space accessible to all within the University of Poitiers. It brings together places of exchange, a solidarity grocery store or places of culture.

**For whom:** Everyone.

**More information:** <https://www.univ-poitiers.fr/vivre-les-campus/qualite-de-vie/la-maison-des-etudiant-es/>



# 10. INTERNSHIP AND PROFESSIONNAL TRAINING

## Aid for first professional equipment

**What:** The Nouvelle-Aquitaine Region accompanies high school students who enter professional training in order to finance the equipment necessary for their studies. This assistance varies according to the training.

**For whom:** People in training in CAP, Bac pro, Bac STD2A, BMA and Second hotel and catering.

**How:** The institution lists the equipment needed and makes a group purchase.

**More information:** <https://les-aides.nouvelle-aquitaine.fr/jeunesse/equipement-professionnel-de-rentree>

## The Erasmus+ scholarship

**What:** The Erasmus+ scholarship is an aid that can be paid to students in international mobility within the framework of the program eponym. This aid can be combined with aid for international mobility or the grant based on social criteria. It can be applied for study mobility as well as for internship mobility and its amount varies according to the country of destination, students from overseas communities have a grant of a minimum amount of €700. /month regardless of the country of destination.

**For whom:** Students wishing to go on international mobility.

**Comment:** The application file is to be collected from the international mobility service of its establishment.

**More information:** <https://www.etudiant.gouv.fr/fr/bourses-erasmus-et-aide-la-mobilite-internationale-ami-67>

## CRIJ Nouvelle-Aquitaine

**What:** The CRIJ Nouvelle-Aquitaine is present at across the entire regional territory in order to provide advice and support to young people who want it. Many material and documentary resources are present there.

**For whom:** Every young person.

**How:** It is possible to go to the CRIJ during opening hours or to request an appointment for a private interview.

**More information:** <https://www.crijna.fr/>

## **Allowance for the purchase of equipment for students enrolled in the vocational track**

**What:** This aid is financed and paid by the Government to finance the purchase of equipment for high school students enrolled in vocational courses. It is accessible on the basis of social criteria and can be combined with other aid.

**For whom:** People registered for the Professional Baccalaureate, Technological Baccalaureate, CAP and Technician's Certificate.

**How:** This aid is paid without specific formalities for people receiving a scholarship.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F32915>

## **The Prime d'activité**

**What:** The Prime d'activité was introduced to promote the professional integration of the most modest households while supporting their spending power. It is paid under conditions.

**For whom:** For students, interns and study-work students, you must be responsible for one or more children alone and have a professional activity with a monthly income of at least €1,028.96. Internship allowances are not counted in the monthly income.

**Comment:** The request can be made on the Caf website.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/N31477>

## **The crossroads of students**

**What:** The crossroads of students offers support for students in professional integration. Professionals provide information and offer personalized interviews to build a solid professional project.

**For whom:** All students.

**How:** It is possible to make an appointment online.

**More information:** <https://www.carrefourdesetudiants.unilim.fr/>

## **Apprenticeship entry bonus - Landes**

**What:** The Landes department offers a bonus to promote the emancipation of young people in study-work training. This bonus is in the amount of €213.

**For whom:** Any young person whose tax home has been in the Landes for more than a year and who is enrolled in apprenticeship training to acquire a diploma.

**How:** The request can be made online.

**More information:** [https://m.landes.fr/detail-une-aide?id\\_aide=43](https://m.landes.fr/detail-une-aide?id_aide=43)

# 11. EMPLOYEMENT

## **Assistance to BAFA/BAFD/BNSSA**

**What:** Various aids are available to finance training, by the Caf (between €91.47 and €106.71), by the Region (€200 for the BAFA and €400 for the BAFD) or even by the department (Les Landes: 200€ for the BAFA and 250€ for the BAFD, the Pyrénées Atlantiques: 200€ maximum for the BAFA).

**For whom:** The conditions vary according to the aid, they are mainly aimed at young people.

**More information:** Caf: <https://www.caf.fr/allocataires/caf-du-val-d-oise/offre-de-service/vie-personnelle/aide-au-bafa>, Landes: <https://www.landes.fr/actualites/pack-xl-jeunes-aide-au-brevet-daptitude-aux-fonctions-danimateur-bafa>, Pyrénées Atlantiques: <https://www.le64.fr/jeunes-et-engages>, Nouvelle-Aquitaine Region: <https://les-aides.nouvelle-aquitaine.fr/economie-et-emploi/aides-aux-brevets-bafa-bafd-bnssa>

## **Jobaviz**

**What:** Jobaviz lists job offers from employers both during the summer period and during studies. Dedicated to a student public, job offers are often compatible with studies.

**For whom:** All students.

**How:** Job offers are accessible on the platform using [messervicesetudiants.fr](https://messervicesetudiants.fr).

**More information:** <https://www.jobaviz.fr/>

## **CRIJ Nouvelle-Aquitaine**

**What:** The CRIJ Nouvelle-Aquitaine is present throughout the regional territory to provide advice and support to young people who wish it. Many material and documentary resources are present there.

**For whom:** Every young person.

**How:** It is possible to go to the CRIJ during opening hours or to request an appointment for a private interview.

**More information:** <https://www.crijna.fr/>

## **Local Regional Information Space**

**What:** This is a place of exchange where advisers are present to inform anyone about training and professional integration. Workshops are also offered as well as local events and resource materials.

**For whom:** Everyone.

**How:** It is possible to go to one of these spaces with or without an appointment.

**More information:** <https://jeunes.nouvelle-aquitaine.fr/orientation/des-structures-votre-service/erip-votre-espace-regional-dinformation-de-proximite>

## **Pôle emploi**

**What:** Pôle emploi is a public institution in charge of employment in France. It is responsible for compensating job seekers and supporting them in their professional integration or reintegration.

**For whom:** Everyone.

**How:** It is possible to make an appointment or go to the nearest branch.

**More information:** <https://www.pole-emploi.fr/accueil/>

## **La Mission locale**

**What:** The Mission locale is an organization responsible for supporting young people in solving their daily problems. professional integration. They can inform, guide and support young people who so wish.

**For whom:** Any young person between 16 and 25 years old.

**How:** Just go to the nearest local mission.

**More information:** <https://www.mission-locale.fr/>

## **Cap Métiers**

**What:** Cap Métiers Nouvelle-Aquitaine is a regional agency dedicated to orientation, training and employment in Nouvelle-Aquitaine. It is characterized by an approach to employment linked to the economic needs of the territory. Advice is available to answer any questions.

**For whom:** Everyone.

**How:** It is possible to make an appointment with an advisor or consult the resources made available online.

**More information:** <https://www.cap-metiers.fr/>

## **Orientation and professional integration services of universities**

**What:** Each university has a service dedicated to the orientation and professional integration of students able to advise on the various training courses and opportunities available after graduation.

**For whom:** All students.

**How:** It is possible to make an appointment online.

**More information:** University of Bordeaux: <https://pro-fildoc.u-bordeaux.fr/>, Bordeaux-Montaigne University : <https://www.u-bordeaux-montaigne.fr/fr/formations/orientation-et-insertion.html>, University of Pau and Pays de l'Adour: <https://formation.univ-pau.fr/fr/vie-etudiante/scuio-ip-orientation-et-insertion-professionnelle.html>

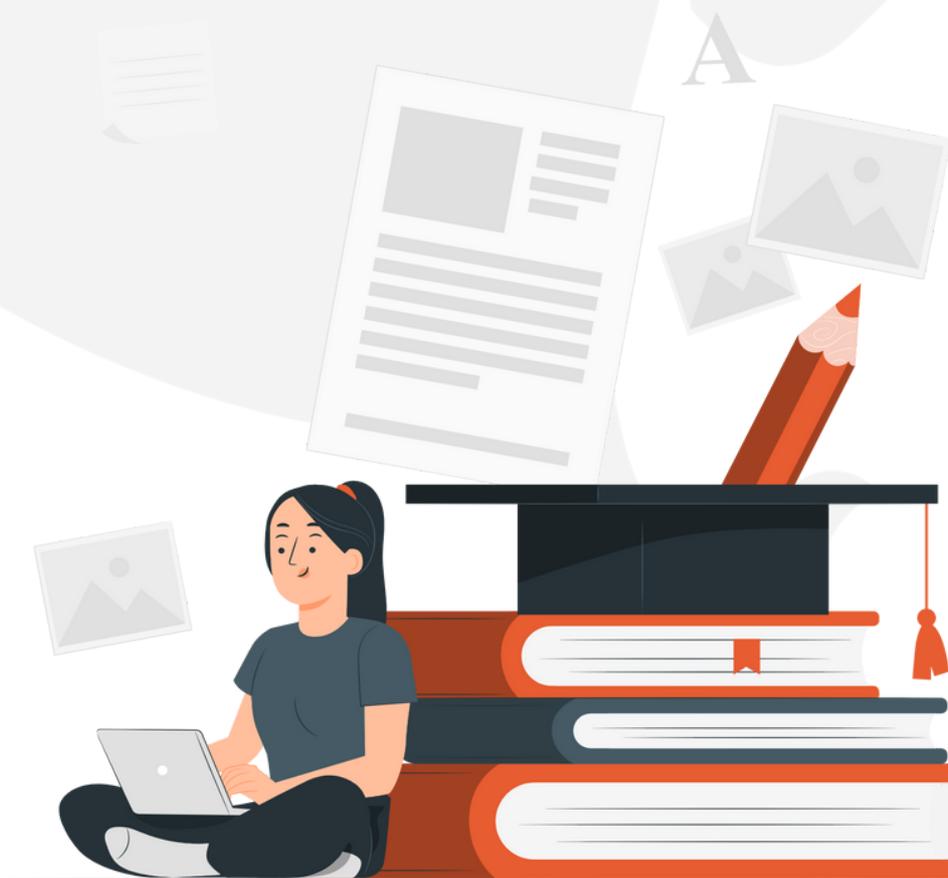
## **The crossroads of students**

**What:** The crossroads for students offers support for students in their professional integration. Professionals provide information and offer personalized interviews to build a solid professional project.

**For whom:** All students.

**How:** It is possible to make an appointment online.

**More information:** <https://www.carrefourdesetudiants.unilim.fr/>



# 12. FOOD

## Le Comptoir d'Aliénor

**What:** Based on the Peixoto campus, the Comptoir d'Aliénor is a social, solidarity and cultural grocery store managed by the ATENA Federation. This project aims to actively fight against student precariousness by providing access to food and hygiene products for 10% of the market price. The grocery store is run by students and is accessible to all people enrolled in a higher education and research establishment on the basis of the remainder of their living.

**For whom:** All students.

**How:** The file to become a beneficiary is available online and can be sent by email or directly deposited on site.

**More information:** <https://fede-atenaf.fr/le-comptoir-dalienor/>

## Food distribution

**What:** The Food Bank, in collaboration with ATENA, has set up food distributions at the university swimming pool on the Pessac, Talence, Gradignan campus every week. This distribution allows students to be entitled to a food basket without income conditions.

**For whom:** All students.

**How:** Just make an appointment every week.

**More information:** <https://rendezvous.u-bordeaux.fr/centre/alimentary-distribution>

## HopHopFood

**What:** HopHopFood is an association that aims to reduce food waste while fighting against precariousness. The foodstuffs are collected via a network of partners but also by donations from individuals and are redistributed to people in need.

**For whom:** Everyone.

**Comment:** The association has set up an application that allows you to see the baskets available near your home.

**More information:** <http://www.hophopfood.org/>

## Solidarity grocery store - Service and culture of Charente university campuses

**What:** The SCCUC runs a solidarity grocery store for students from Charente. It is possible to buy food and hygiene products there for 10% of the market price.

**For whom:** Students enrolled in a course in Angoulême.

**How:** To become a beneficiary, the file must be compiled with the social worker at the University of Poitiers or with the Red Cross.

**More information:** <https://www.sccuc.fr/epicerie-solidaire.php>

## **Episs'Campus**

**What:** The University of Poitiers has set up a social and solidarity grocery store for the student population in order to offer food and hygiene products for 10 to 30% of the market price.

**Pour qui:** Les étudiant.es inscrits à l'Université de Poitiers.

**Comment:** Pour devenir bénéficiaire, le dossier est à constituer avec l'assistante sociale de l'Université de Poitiers.

**Plus d'informations:** <https://www.univ-poitiers.fr/vivre-les-campus/ressources-vie-etudiante/episscampus/>



# 13. HEALTH

## University health services/Student health spaces

**What:** The University Health Services (SSU) are structures present throughout France for students. They have prevention and care missions, it is in particular possible to have consultations with nurses, doctors and specialists without advance payment.

**For whom:** All students.

**How:** It is possible to go to the nearest SSU or to make an appointment online or by phone.

**More information:** Bordeaux: <https://www.sante-etudiants-bdx.fr/>, Pau: <https://formation.univ-pau.fr/fr/vie-etudiante/espace-sante-etudiant.html>, Agen: <https://www.centre-universitaire-agen.fr/la-vie-etudiante/sante-prevention>, Périgueux: <https://campus.perigueux.u-bordeaux.fr/intranet-vie-pratique/intranet-Espace-sante>, Poitiers: <https://ssu.univ-poitiers.fr/sante-des-etudiants/>

## The Free Centers for Information, Screening and Diagnosis (CeGIDD)

**What:** The CeGIDDs are present everywhere in France to offer free screenings and information on the various STIs. In particular, it is possible to address questions of contraception.

**For whom:** Everyone.

**How:** It is possible to go to the nearest CeGIDD during opening hours.

**More information:** <https://vih.org/cegidd/>

## The Sport Pass

**What:** The Sport Pass is a €50 grant to enroll in an approved sports club. It aims to promote the practice of sport within the young population, in particular for the most precarious audiences. This aid can be combined with local aid.

**For whom:** Children and young adults up to the age of 28 who are beneficiaries of the AAH or grants based on social criteria.

**Comment:** The voucher will be sent to the people concerned directly, a platform is available for eligible people who have not received it.

**More information:** <https://sports.gouv.fr/pratiques-sportives/sports-pour-tous/pass-sport/>

## **Universal health protection**

**What:** Universal health protection aims to cover a part of the health costs in the event of illness or maternity. From then on, the person will have to advance the costs and the "Social Security share" will then be reimbursed. It is possible not to advance the costs, it is the Social Security which will pay the health professional directly: it is third-party payment.

**For whom:** Any person of French nationality, having a residence permit or having started the process to obtain one, who has been residing in the national territory on a stable basis for more than 3 months.

**How:** Find out from your attached Health Insurance Fund.

**More information:** [https://www.ameli.fr/assure/droits-demarches/principes/protection-universelle-maladie#text\\_210](https://www.ameli.fr/assure/droits-demarches/principes/protection-universelle-maladie#text_210)

## **Complementary health insurance**

**What:** Replacing the CMU-C, the Complementary health insurance aims to cover the complementary part in health expenses that are not reimbursed by Social Security. It can be free or paid depending on the income of each.

**For whom:** Everyone.

**How:** The request must be made online.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F10027>

## **Health prevention examination**

**What:** This is a free health examination accessible to all. It allows basic health screenings and examinations to be carried out. The most exposed or vulnerable audiences are given priority for this type of examination.

**For whom:** Everyone.

**How:** The process can be done online.

**More information:** <https://www.ameli.fr/assure/sante/assurance-sante>

## **Hygienic protections in free access**

**What:** Some university sites are equipped with hygienic protections in free and free access. This approach aims to fight against menstrual precariousness among students, who are particularly vulnerable to this. Dispensers are generally available in toilets and in some Crous residences.

**For whom:** Everyone.

### **Education allowance for disabled children (AEEH)**

**What:** This is an aid for parents with a child with a disability and which aims to compensate for expenses related to this disability. Its basic amount is €140.53 but can be topped up depending on the personal situation of the household. It can be combined with other allowances.

**For whom:** Parents with a child with a disability. The child must not be over 20 years old, nor be in boarding school covered by health insurance, he must have French nationality and must not have an income greater than 55% of the gross minimum wage.

**How:** The request can be made online.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F14809>

### **Disabled Adult Allowance (AAH)**

**What:** This is an allowance that provides a minimum of resources for people with disabilities.

**For whom:** Anyone over 20 years old, or 16 years old who is no longer dependent on their parents, whose disability rate is at least 80%. This rate can be between 50% and 79% if the disability substantially and durably restricts the person's access to employment. The amount is determined on social criteria.

**How:** To compile an application file for an allowance, you must contact the nearest Departmental House for Disabled Persons.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F12242>

### **State medical aid**

**What:** This aid is intended for foreigners in an irregular situation in France. It aims to provide these people with access to care subject to means testing.

**For whom:** Anyone in France for at least 3 months, who has not had a residence permit for at least 3 months and who is below the income limit.

**How:** The first request is to be submitted to the Caisse Primaire d'Assurance Maladie (CPAM), renewal can be done online.

**More information:** <https://www.service-public.fr/particuliers/vosdroits/F3079>



Association Territoriale des  
ÉtudiaNts Aquitains

# GUIDE DES AIDES SOCIALES

ÉDITION 2022

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